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# **Simple Clinical Colitis Activity Index (SCCAI) for Ulcerative Colitis**

**Month (circle one) : 3 6 9 12**

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|  | **SCORE** | **POINTS** |
| **Bowel Frequency (day)**  1-3  4-6  7-9  >9 | 0  1  2  3 |  |
| **Bowel Frequency (night)**  1-3  4-6 | 1  2 |  |
| **Urgency of Defecation**  Hurry  Immediately  Incontinence | 1  2  3 |  |
| **Blood in stool**  Trace  Occasionally frank  Usually frank | 1  2  3 |  |
| **General Well Being**  Very well  Slightly below par  Poor  Very poor  Terrible | 0  1  2  3  4 |  |
| **Extracolonic Features** | 1 per manifestation |  |
|  | **TOTAL 🡪** |  |